

10 WAYS TO PREPARE FOR AN EARTHQUAKE



Protect Yourself.

Keep The Furniture From Falling Or Moving.

- Set the furniture in place not to cause injuries or hamper escape.
- Secure the furniture, TVs and personal computers in place. Keep them from falling or moving in a quake.



Avoid Injuries.

- Have slippers or sneakers handy; they can protect you from shattered glass.
- Keep a flashlight handy in case of power failure.
- Take measures to keep cupboard and window glass from shattering and scattering.



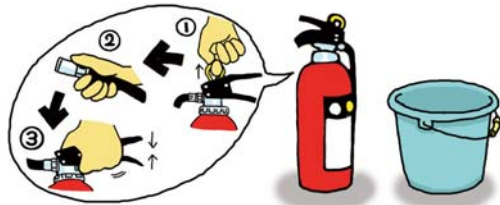
Check How Strong Your House And Walls Are.

- Have your home inspected and reinforced for earthquake safety.
- Reinforce concrete and block walls so they won't collapse.



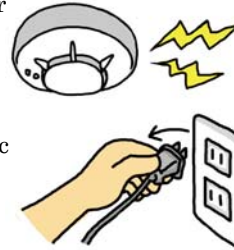
Be Ready To Tackle A Fire.

- Have a fire extinguisher ready. Keep water in the bathtub in case of fire.



Find Out A Fire As Soon As Possible. Fire Prevention Comes First.

- Install fire alarms in your home for early warning.
- Keep electrical appliances unplugged when not in use.
- Put in safety devices against electric fires. Earthquake breakers (distribution switch board type) come in handy.



Prepare Emergency Supplies In Advance.

- Know where your emergency supplies are.
- Have warmer items handy for winter.
- Use car items (jack, radio, etc.), if necessary.
- Put PSE spare batteries aside for cell phones.



Have A Family Meeting.

- Decide on each family member's role in case of an earthquake: fire prevention, fire fighting, etc.
- Know how to contact and where to reunite when you cannot return home or get separated after a quake.
- Decide on the evacuation site and routes.
- Know what to do with rains and floods at the same time.
- Discuss neighborhood cooperation.



Know Potential Hazards In Your Area.

- Get your local area map. Know potential hazards in your area.
- Walk and check hazards and safety. Make your own map.



Keep Informed About Disasters.

- Keep yourself informed about disasters via newspapers, television, radio and the Internet.
- Attend classes and meetings at fire stations to learn lessons from past earthquakes.
- Be careful of another quake possibly coming right after the big one.



Get Training.

- Join in disaster drills. Learn about self-protection, fire prevention, fire fighting, rescue, first aid, emergency reporting, evacuation, etc.



Be Prepared For Action.

Learn About Safety.